

## General Policies that Apply to Athletes with Disability Divisions

### Duos Divisions

- Each team must consist of a non-ambulatory participant, a registered runner to push, and another registered runner to “spot” the duo. The spotter may switch with the pusher whenever necessary.
  - One of the two ambulatory participants must have contact and control of the wheelchair at all times on the course.
- The person being pushed must be secured in a customized racing wheelchair throughout the entire race.
- All persons involved in team must wear official bib number. Non-ambulatory participant’s official bib will not contain a timing chip.
- Person being pushed must complete a waiver, release, and acknowledgement before race day.
- No chairs with motors, gears, pedals, or cranks are acceptable.
- Bib must be either on the back of the wheelchair frame or on the front of the front of the participant in the chair.

### Handcycle and Push Rim Wheelchair Divisions

- Participants in wheelchairs or handcycles MUST wear a helmet throughout the duration of the race.
  - Any wheelchair and handcycle entrants not wearing helmets will NOT be allowed to start the race and are subject to removal from the course.
  - Bib and timing chip must be on the back of the wheelchair frame.
- All wheelchairs and handcycles are subject to inspection before, during, and after the race.
  - If race officials believe that a wheelchair/cycle and/or the athlete using it present a safety risk, they will be authorized to disqualify the athlete from the event.
- All participants registering as AWDs must provide proof of permanent physical impairment.

### Handcycle Divisions

- Handcycles must meet the requirements of arm-powered handcycles as defined by Union Cyclist International (UCI) rules and regulations.
- In recumbent position, the participant must have a clear line of sight, their eye line must be above the crank set.
- Participant’s legs and feet must be supported and protected from the ground.
- The handcycles must have two independent breaking systems.
- When passing another individual in a chair or handcycle, participants must ensure full clearance of the individual and their chair/cycle before cutting in front.
  - Those being passed have the responsibility not to hinder the overtaking participant once they are in sight.

## **Push Rim Wheelchair Divisions**

- T51-T54
- Racing chairs may have two large wheels and *up to* two small wheels, the small wheels must be at the front of the chair.
- Participant must be able to turn the front wheel(s) manually both left and right.