As USA Track & Field (USATF) sanctioned events, Beyond Monumental, Inc. (encompassing the CNO Financial Indianapolis Monumental Marathon, Half Marathon, 5K and Kid's Fun Run, the Indianapolis Half Marathon, 5K and Kids One Mile Run and the Monumental Mile) allows and applies the USATF Competition Rules in all events it produces. The Policies and Procedures incorporate the USATF Rules and additional provisions adopted by Beyond Monumental, Inc. to ensure a safe, fair race for all participants. The complete USATF Rules are available <a href="https://www.usatf.org/governance/rule-books">https://www.usatf.org/governance/rule-books</a>. The USATF Rules are implemented by Beyond Monumental, Inc. in accordance with the following Policies and Procedures.

### Award Eligibility

Youth, high school, collegiate, and/or other amateur athletes are responsible for being aware of eligibility rules as it relates to awards such as cash or merchandise. Specific eligibility questions need to be referred to the appropriate coach, athletic director, or governing body. Beyond Monumental, Inc. accepts no responsibility for eligibility violations.

## **Cancellation Policy**

Extreme weather (lightning, high winds, snow, ice, extreme temperature, etc.) could cancel the race. There are also instances of other emergency situations (power outages, city-wide alerts, etc.) that could affect the start/cancellation/continuance of the races. Should the event be cancelled due to extreme weather or other emergency, there will be no refunds or transfers.

### **Medical Support**

Medical support for this event will be provided by volunteer personnel who may be called upon to provide assistance, including first aid, during or after the event. Medical volunteers will assist participants as necessary or appropriate. By entering the CNO Financial Indianapolis Monumental Marathon, Half Marathon, 5K and Kids Fun Run, the Indianapolis Half Marathon, 5K and Kids One Mile Run and the Monumental Mile, and participating, the entrant agrees to treatment by medical personnel, and also agrees to accept medical decisions about the entrant's fitness to participate or continue in the race.

### **Time Limit**

The time limit is 6.5 hours for the CNO Financial Indianapolis Monumental Marathon, Half Marathon, 5K and Kids Fun Run. The course will close on a rolling schedule, with the finish line closing at 2:45 p.m. This means that marathon runners must be able to sustain a pace of 15:00 per mile in order to finish ahead of the course closure. Half marathon runners must be able to sustain a pace of 15:00 per mile for the first ten (10) miles in order to finish ahead of course closure. The last three (3) miles of the half marathon can be at substantially slower pace of 30:00 per mile. The 5K course requires an 18:00 per mile pace. The finisher medal will not be awarded nor will times be recorded after 2:45 p.m.

The Indy Half Marathon at Fort Ben course will remain open and supported for all participants maintaining a pace of 17 minutes per mile. In addition, there will also be an 8 minute "grace period" to allow everyone this extra time to get across the starting line. This works out to a finishing time limit of 3 hours 51 minutes. To ensure the safety of all participants, any participant not maintaining this pace will be asked to retire from the event and be taken back to the race site on an event vehicle.

# **Doping Policy**

To be eligible for elite entry or prize purse at any Beyond Monumental Event, an athlete must:

- **Not** be currently serving a suspension for use of a banned substance
- **Not** have **ever** served a ban for use of performance enhancing drugs
- Not be represented by coaches and/or agents who have had 2 or more athletes receive such suspensions in the previous 4 years
- Not be represented by coaches and/or agents who ever served a ban for use of performance enhancing drugs during their own athletic career
- Provide proper documentation proving they are eligible for prize money (form W-9, W-8ECI or W-8BEN)
- Consent to random drug testing according to the standards and procedures of USATF, USADA and WADA

### Wave Assignment

Participants are assigned to start waves in accordance with time standards established each year by Beyond Monumental, Inc. Wave assignment will be based on verification of actual results achieved by participants and indicated in the online race registration form. Participants wave assignments will be noted with a wave sticker on your bib at packet pickup. Seeding for half marathon or full must be times from current or previous year.

## **Participant Numbers**

Every competitor shall be provided with a race number, which shall be conspicuously worn on the FRONT when competing. The race numbers are to be worn as issued (cutting or folding numbers is not permitted). No athlete shall be permitted to participate in any competition without the appropriate number or numbers.

## **Race Number Pick-up**

Each participant shall provide photo identification at the time of number pick-up verifying that they are the individual to whom the race number is assigned.

#### **Bandits**

No attendant or competitor who is not actually taking part in the competition shall accompany any competitor in the competition (including the start and secured finish areas). Any person not properly displaying a properly authorized and issued bib shall be directed to leave the course.

#### **Medical Assistance**

Medical personnel authorized by the IMM to do so may examine any athlete who appears in distress. If in their opinion it is in the best interest of the athlete's health and welfare, they may remove the athlete from the competition. A hands-on medical examination during the progress of an event by officially designated medical personnel shall not be considered assistance and will not result in disqualification if deemed medically fit.

### Age of Competitor

The age of a competitor on the day of the race determines his or her age division. You must be 16 or older to compete in the full marathon and 10 or older to compete in the half marathon.

#### Litter

Beyond Monumental is committed to respecting the neighborhoods, parks, and communities that host our events.

No littering is permitted on the course. This includes the discarding of wrappers, bottles, or any other disposable items carried by the participant during the event. Water cups and energy gels handed out at aid stations are also included. All items can be properly disposed of / dropped near any of the 21 aid stations along the course or with any course marshal/volunteer (easily identified by their safety orange volunteer shirt or gray colored winter hats).

Participants not adhering to this rule may be disqualified from the event.

\*Please note, 'throw away' clothes are to be discarded in the same manner along the course. They will be collected and donated to a local shelter, <u>Wheeler Mission</u>.