Apex Benefits | MONUMENTAL KIDS MOVEMENT

PRESENTED BY INDIANA UNIVERSITY INDIANAPOLIS

APEX BENEFITS MONUMENTAL KIDS MOVEMENT TESTIMONIAL

Upon completion, please return to your Motivator.

THANK YOU FOR PARTICIPATING IN THE APEX BENEFITS MONUMENTAL KIDS MOVEMENT!

Please share your experience with us. We want to know how it made you feel to participate in the program, and what the journey from start to race day was like for you.

Name _____

Grade _____

School _____

IDEA STARTERS

- What did you learn?
- How did you feel at the beginning compared to the end?
- How have your exercise or eating habits changed?

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